



Welcome to the 2023-2024 Women in Hydropower Mentorship Program “Getting Started”

The official start of the program is October. Prior to your first meeting in October consider the following.

1. Reach out to your mentor/mentee and determine a good time to set up a call for October – determine what works best for you both – Zoom, Teams, direct call?
2. Feel free to share the following:
 - Your position/company
 - What knowledge, skills and abilities you have to bring to the relationship and what you would like to learn.

During your first meeting in October:

1. Give each other an overview of your work and education history as well as share a little about your personal life. Get to know each other.
2. Discuss your goals for the mentorship cycle – what do you as a mentor or as a mentee, want to achieve by participating in this program. Think about topic areas that you would like to explore together.
3. Review the Mentoring Agreement together.
4. Set a date and time for your next call. The expectation is for one hour a month from October through May.

Between meetings, share interesting articles or videos to discuss during your next meeting. Some mentor/mentee pairs in the past have chosen a book to read and discuss together; some mentees send an email to their mentor a few days prior to their scheduled meeting with a list of things going on in their work/home life that they would like to discuss. Some women take a photo of themselves at their work site and share it for discussion (e.g., photo of yourself at a plant in your country/state).

Remember, this experience will be what you put into it—get creative and connect with women sharing the passion for hydropower around the world.